

Realizing Your Potential presents

www.realizingyourpotential.ca

Double Doodle Play



A Playful Approach to Whole-Brain Integration with

Sher Smith RN, IF

February 10, 2024 Online!!

Discover:

- ✦ Your own innate ability to draw and paint, new ways to connect with color, shape, and movement
- ✦ The informative nature of the design process
- ✦ The mystery of co-creative drawing
- ✦ A new way to journal your experiences
- ✦ Joy, ease, and serendipity in creative expression

Explore Double Doodle variations and more as related to:

- ✦ the midfield and centralized vision
- ✦ Homologous movements that prepare the way for heartfelt drawing
- ✦ Using the eyes in a more relaxed, whole-brain way
- ✦ Simple things to do at home or in the classroom to encourage healthy visual skills
- ✦ Reclaiming our ambidexterity as we engage in daily-life activities

Learn how the following abilities affect reading and fine-motor skills:

- ✦ Crossing the visual kinesthetic midline
- ✦ Binocularity for working in the midfield
- ✦ The internalization of early developmental movement
- ✦ Special awareness and depth perception
- ✦ Self-perception as it regards movement and tactility

**Register
NOW!**

YOUR FACILITATOR



Sher Smith, RN, IF , is a Registered Nurse, , Board Certified Polarity Practitioner, Registered Polarity Therapy Educator and Brain Gym Instructor who has been involved in the Holistic health field since 1979.

Her professional training is varied and comprehensive, including studies in Cranial Sacral Therapy with Franklyn Sills and the Upledger Institute; along with certification in Neuro-Linguistic Programming, Brain Gym® and Touch for Health.

Sher was the founding President of the Ontario Polarity Therapy Association, is a member of the American Polarity Therapy Association (having served as Past-Vice-President of the Board of Directors), is a member of the Craniosacral Therapy Association of the United Kingdom, and is the Director of the Realizing Your Potential Center of Holistic and Energetic Studies. She is a Canadian International Faculty member for Brain Gym® with the Breakthroughs International Foundation in Santa Barbara, California.

Sher is available for private consultations and sessions in person or by Zoom and to teach globally.

Email: info@realizingyourpotential.ca

Web: www.realizingyourpotential.ca

Blog: <https://energyfunlight.wordpress.com/>



Comments by Prevopis Attendees:

- I have a better understanding of Double Doodle, more Doodle techniques to add to my repertoire, I also want to do more & show my kids
- It's been a learning day, and also a fun day of play!
- I gained a better understanding of Double Doodle, more Doodle techniques to add to my repertoire, I also want to do more & show my kids

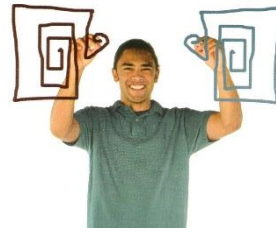
I will use this with my children and possibly to support those outside of my family

- I will use this with my 95 year old mum, personally as a warm-up to a creative endeavor
- the instructor is resourceful, relaxed, with mastery of the material, playful and supportive
- I got the opportunity to use my "forgotten" left hand and realized that it is still working and functioning as my right hand
- I benefitted from using both hands (R & L) as it opened up more options & opportunity for- me to teach and apply this to everyday life & learning
- I was surprised how fast I got the range of motions and co-ordinating using both hands
- Sher has a wealth of knowledge that she willingly shares & she makes her students comfortable & safe. Explaining there is no right or wrong!! It's a personal thing
- I enjoyed the continual pace & doodling that went on all day, and learning the different techniques
- the material was easy to understand and I will be able to apply it in my daily work
- I am going to practice more for myself and use the resource material to play with my kids
- this material will be a great addition to Brain Gym & coaching students

Registration Form

Double Doodle Play

February 10, 2024 - Online!!



Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone #: (_____) _____

Email: _____

Signature: _____

Date: _____

*Your tuition fee is refundable only if the training is cancelled.
A confirmation e-mail will be sent upon receipt of your deposit or full payment.*

PREREQUISITE: None

PLACE: Online (Based in Wasaga Beach, ON, Canada)

TIME: 9:30 a.m. -4.30 p.m. EST (online)

TUITION: \$195/ or \$150 for those who register 1 month prior

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