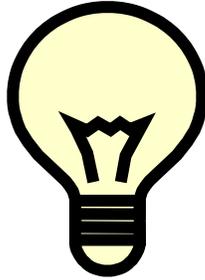


For Thought



*“By understanding man and Nature, we can see clearly the principles involved upon which the ancients based their therapy which was so effective. Our own American Indians had many such cures, besides their herbal knowledge, much of which we copied. For instance, when a person was exhausted by starvation, cold, drowning, or other strains, the Indians would form a chain around the fire, join hands, having placed the sick person in the center of the circle, near the warmth. They realized that this person’s energy field was at a low ebb and that he needed more than mere physical warmth. He needed his energy battery recharged, and they did that by the currents that flowed through the group. The weak one came into rhythm with the rest, and so was revived and restored to health. When we talk about batteries, we understand this clearly; but when we are told that our red brethren saved lives in this self-same manner, we doubt it.”**

* Dr. Randolph Stone
Polarity Therapy The Complete Collected Works
Volume One, Book 1, page 74